



Client Registration Form:

Name:

Address:

Date:

Cellular Phone:

Does this phone accept text messages?:

Yes No

Email Address:

How did you first hear about Utrecht Ayurveda?

Age:

Date of Birth:

Place of Birth:

Gender: Male Female Transgender/Other

Height:

Weight:

Occupation:

Are You Pregnant?:

Yes No

If Yes, What Trimester?:

Family Medical History:

Personal Medical History including any Surgeries:

Current Symptoms:

How Long Have You Been Experiencing These Symptoms?:

Sleep:

Do Experience Difficulty Falling Asleep?

Yes No

**Do You Suffer From Sleep Continuity Disturbance?
(Waking Throughout The Night)**

Yes No

Are You Alert Or Tired Upon Waking In The Morning?

Alert Tired

Are You Tired Or Drowsy In The Daytime?

Yes No

Habits:

Alcohol: Type And Amount _____

Smoking: Type And Amount _____

Salt Intake: Light Moderate Heavy

Fat Intake: Light Moderate Heavy

Caffeine Intake: Light Moderate Heavy

Are You Taking Any Herbal Supplements? Yes No **If Yes, What Are You Taking?** _____

Are You Taking Any Herbal Supplements? Yes No **If Yes, What Are You Taking?** _____

Describe Your Exercise Routine:

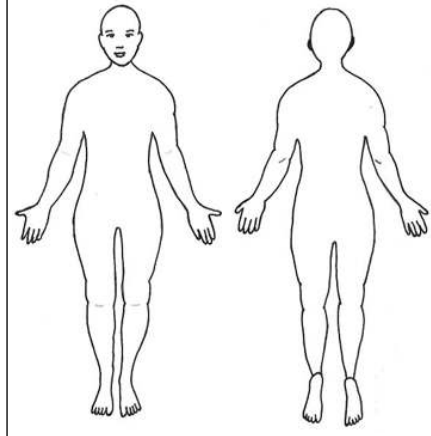
Are You Willing To Take Herbal Supplements If Recommended

By The Ayurvedic Practitioner After The Consultation?

Yes No

CANCELLATION POLICY: FULL PAYMENT IS DUE IF YOU CANCEL YOUR SESSION WITHIN 48 HOURS OF YOUR APPOINTMENT.

Indicate with a circle where you are experiencing body pain.





Dear Client,

Many of our existing clients have commented how happy they were that when they come to us for an appointment, we don't keep them waiting as is the case in so many professional offices these days.

As a matter of policy, we don't overlap our clients appointments in order to maximize profits at the expense of your time. This allows us to focus solely upon you when you arrive. Most clients don't have the opportunity to even sit in our waiting room, for as they arrive they are immediately greeted and the session begins.

You can help us to maintain this high standard we have set by arriving at your appointment at the designated time. Please do what you can to respect the process we have set in place. When a client arrives late it potentially cuts into the time which you have purchased with the Practitioner.

We really appreciate your business and consider your time, and your well-being our highest priority.

Thank You.

Utrecht Ayurveda